

## 2023 CQ WPX Frequencies for VE9UNB

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The 2023 CQ WPX SSB rules state:

III. BANDS: Only the 1.8, 3.5, 7, 14, 21, and 28 MHz bands may be used.

Observance of established band plans is strongly encouraged.

The band plan from the Radio Amateurs of Canada (RAC) is printed and is online.

Combining the both CQ and RAC, the suggested frequencies are:

Band	Mode	Frequencies in MHz	Usual Availability
160 m	LSB	1.843 to 2.000	Night
80 m	LSB	3.603 to 4.000	Night
40 m	LSB	7.043 to 7.300	Night
20 m	USB	14.112 to 14.347	Day
15 m	USB	21.150 to 21.447	Day
10 m	USB	28.300 to 29.297	Day

One may never transmit outside the amateur bands. Following the RAC band plan is a good practice, otherwise there would be chaos on the bands. For example, RAC recommends avoiding the Slow Scan TV (SSTV) segments of the bands. But adding the SSTV bands makes the table above more difficult to read during a busy contest. In any case, I expect you will find many foreign stations transmitting USB in the SSTV bands and it would be acceptable to answer.

With the SSTV bands added, one would have:

Band	Mode	Frequencies in MHz
160 m	LSB	1.843 to 2.000
80 m	LSB	3.603 to 3.842
	LSB	3.848 to 4.000
40 m	LSB	7.043 to 7.165
	LSB	7.178 to 7.300
20 m	USB	14.112 to 14.227
	USB	14.236 to 14.347
15 m	USB	21.150 to 21.337
	USB	21.343 to 21.447
10 m	USB	28.300 to 28.677
	USB	28.683 to 29.297